HERITAGE GREEN

ASSISTED LIVING AND MEMORY CARE

25 Years of Serving Seniors

7080 Brooks Farm Road • Mechanicsville, VA 23111 • (804) 746-7370

Assisted Living Week "Shining Through the Years!"

"Shining Through the Years" Assisted Living Week is 9/13-9/19, and we will be kicking it off with Grandparents Day on Sunday, 9/13 (1-3pm). We will focus on how wisdom and strength of spirit brings a legacy of light into the world!

Grandparents Day!

Fun for the whole family on Sunday, September 13th, from 1-3pm. It'll be a blast!

Bible Study and Church Service:

Bible Study with Wrenn: 9/1, 9/2, 9/3, 9/7, 9/8, 9/9, 9/10, 9/14, 9/15, 9/16, 9/17, 9/21, 9/22, 9/23, 9/24, 9/28, 9/29, 9/30 @10am

Bible Study with Lisa Brown (ACG Hospice) 9/11, 9/18, 9/25 @10am

Mosaic Church 9/9 @10am

Meadowbridge Church –9/12, 9/26 @1:20pm

David Jones (Compass Church) – 9/27 @2pm

September 2026

Entertainment and Special Events This Month:

9/1 – Music with Eileen Martin @2pm
9/2 – September Social @2pm
9/3 – Music with Kevin Salyer @1:30pm
9/7 – Music with Mary & Wayne @2pm
9/7 – Art Class with Richelle Kaufman @3:30pm
9/13 – Grandparents Day 1-3pm
9/14 – Fun Drum Class with Terri Bradbury & Antonique Conyers (Care with Love) @2pm
9/14 – Music with Amy Ladd @6pm
9/15 – Music with Doo Be Doo Be Doo @10:30am
9/16 – Music with the Starlight Ballroom @6pm
9/17 – Music with Randy Green & Friends @2pm
9/17 – Ice Cream Social with Brusters @3pm
9/19 – Music with Vince Borrelli @10:30am
9/22 – Ice Cream & Stories (Dayroom) @2pm
9/28 – Art Class with Richelle Kaufman @3:30pm
9/29 – Arts & Crafts w/ James River Hospice @2pm
9/30 – Mystery Treat Social @2pm
9/30 – Resident Council Meeting @3:30pm
9/30 – Health Talk with Fox Rehab @4pm

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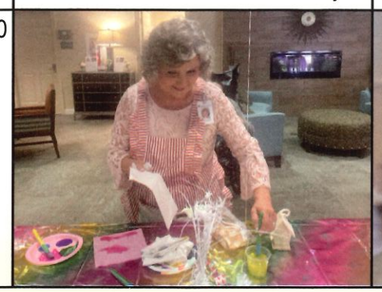
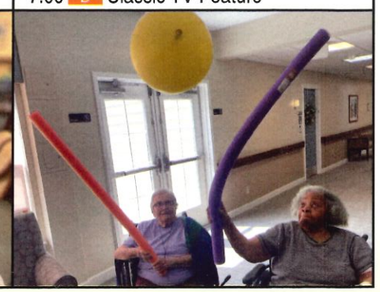
L Lobby · D Dayroom · B Bistro · O Outing/Trip · Front
Courtyard · Informative · Physical · ✝ Spiritual · ♪ Music
Refreshments · ❤ Good for the Soul · Creative · Fun and Games

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Funny Babies ❤ 2:00 L Music by Eileen Martin ♪ 3:30 D Ball Toss 4:00 D Wayne Newton TV Concert ♪	2 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Advancements in Modern Medicine 2:00 B September Social 3:30 D Fred Astaire & Ginger Rogers' Highlights ♪	3 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Bingo with Linking Lives 1:30 L Music with Kevin Salyer ♪ 3:00 D Bat & Balloons 3:30 D Would You Rather? 4:00 D Conway Twitty Live Performance ♪	4 9:00 D Hallway Stroll 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Poetry Reading 1:30 B Happy Hour 2:00 L Music with Wrenn ♪ 3:30 B Bingo	5 9:00 D Hallway Stroll 9:45 D TV Feature 2:00 B Bingo 3:00 B Coffee & Hot Chocolate 4:00 D TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature
6 9:00 D Hallway Stroll 9:45 D TV Feature 2:00 B Bingo 3:00 B Coffee & Hot Chocolate 4:00 D Music TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature	**Labor Day** 7 9:30 D Exercise 9:45 D Bible Study ✝ 11:00 O Lunch Outing to Cracker Barrel Restaurant (subject to change) 2:00 L Music with Mary & Wayne ♪ 3:30 B Art Class with Richelle Kaufman	8 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Hanover History Lesson 1:00 D Hangman Game 1:30 D Spotlight on Paul Newman 1:45 D Paul Newman Movie	9 9:00 D Hallway Stroll 9:30 D Exercise **10:00 D Mosaic Church ✝** 11:00 D Fun & Games ❤ 1:00 D Whiteboard Game 2:00 D Creativity Class with Wrenn 3:00 D Old Time Songs Sing-along ♪	10 9:00 D Hallway Stroll 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Bingo with Linking Lives 1:30 O Milkshake Ride 3:30 D Ball Toss 3:45 D 20 Questions 4:00 D Rare Footage	11 9:30 D Exercise 10:00 D Bible Study with Lisa Brown (ACG Hospice) ✝ 10:30 D Fun & Games 11:00 D The Definition of Cool 1:30 B Happy Hour 2:00 L Music with Wrenn ♪ 3:30 B Bingo	12 9:00 D Hallway Stroll 9:45 D TV Feature 1:20 D Church Service by Meadowbridge Church ✝ 2:00 B Bingo 3:00 B Coffee & Hot Chocolate 4:00 D TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature
Grandparents Day! 13 9:00 D Assisted Living Week Begins! 9:05 D Hallway Stroll 9:45 D TV Feature 1:00 Grandparents Day 1-3pm 3:00 B Coffee & Hot Chocolate 4:00 D Music TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature	**Assisted Living Week!** 14 9:30 D Exercise 9:45 D Bible Study ✝ 11:00 O Lunch Outing to Anna's Italian Restaurant (subject to change) 2:00 D Fun Drum Class w/ Terri Bradbury & Antonique Conyers (Care with Love) ❤ 3:00 D What Lessons Have Learned? ❤ 6:00 L Music with Amy Ladd ♪	**Assisted Living Week!** 15 9:30 Exercise in the Courtyard 9:45 Bible Study in the Courtyard ✝ 10:30 L Music with Doo Be Doo Be Doo ♪ 1:00 D Ball Bounce Game 1:30 D Guess the Word 1:45 Courtyard Photo Shoot ❤ 3:00 D Laughter is the Best Medicine ❤ 3:30 D Your Advice ❤ 3:45 D Patriotic Songs with Lyrics ♪	**Assisted Living Week!** 16 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Question of the Day 1:00 D Whiteboard Game 2:00 D Life Hacks for Seniors ❤ 2:30 D Ball Toss 3:00 D Family Movie ❤ 6:00 L Music w/ the Starlight Ballroom ♪	**Assisted Living Week!** 17 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Bingo with Linking Lives 1:00 D Fun & Games 2:00 L Music with Randy Green ♪ 3:00 B Ice Cream Social with Brusters Mechanicsville 4:00 D Funny Animal Videos ❤	**Assisted Living Week!** 18 9:30 D Exercise 10:00 D Bible Study with Lisa Brown (ACG Hospice) ✝ 10:30 D Fun & Games 11:00 D What is Wisdom? ❤ 1:30 B Sock Hop Happy Hour 2:00 L Music with Wrenn ♪ 3:30 B Bingo	**Assisted Living Week!** 19 9:00 D Hallway Stroll 9:45 D TV Feature 10:30 L Music with Vince Borrelli ♪ 2:00 B Bingo 3:00 B Coffee & Hot Chocolate 4:00 D TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature
20 9:00 D Hallway Stroll 9:45 D TV Feature 2:00 B Bingo 3:00 B Coffee & Hot Chocolate 4:00 D Music TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature	21 9:30 D Exercise 9:45 D Bible Study ✝ 10:30 O Studley Seniors' Luncheon (subject to change) 2:30 D Bat & Ball 3:00 D What's in the Bag Game 3:30 D Think Fast 3:45 D Life Legacy Interviews ❤	22 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D World's Greatest Churches Series with Northside Baptist Church (Judy Dewalt) 2:00 D Ice Cream and Stories ❤ 3:00 D Guess What I'm Thinking Game 3:30 D Judy Garland TV Performances ♪	23 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Tools of the Trade 2:00 D Unorthodox Bowling 2:30 D Make a Statement Workshop 3:00 D Best of Johnny Carson ❤	24 9:00 D Hallway Stroll 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Bingo with Linking Lives 1:30 O Mystery Ride 3:30 D Paddle & Ball 3:45 D Basket Toss 4:00 D Tom Cruise Documentary	25 9:30 D Exercise 10:00 D Bible Study with Lisa Brown (ACG Hospice) ✝ 10:30 D Fun & Games 11:00 D Famous Speeches 1:30 B Happy Hour 2:00 L Music with Wrenn ♪ 3:30 B Bingo	26 9:00 D Hallway Stroll 9:45 D TV Feature 1:20 D Church Service by Meadowbridge Church ✝ 2:00 B Bingo 3:00 B Coffee & Hot Chocolate 4:00 D TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature
27 9:00 D Hallway Stroll 9:45 D TV Feature 1:00 B Bingo 2:00 D Church Service with David Jones (Compass Church) ✝ 3:00 B Coffee & Hot Chocolate 4:00 D Music TV Program 6:00 D Hallway Stroll 7:00 D Classic TV Feature	28 9:30 D Exercise 9:45 D Bible Study ✝ 11:00 O Lunch Outing to Gus' Italian Cafe (subject to change) 2:30 D Blindfold Challenge 2:45 D I Wish Quiz ❤ 3:00 D Life Legacy Interviews ❤ 3:30 B Art Class with Richelle Kaufman	29 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 11:00 D Balloon Toss 11:15 D Spotlight on Patrick Henry 2:00 B Arts & Crafts with James River Hospice 3:30 D Gospel Hymns with Lyrics ♪	30 9:00 D Hallway Stroll 9:30 D Exercise 10:00 D Bible Study ✝ 10:30 D Fun & Games 1:30 B Mystery Treat Social 3:30 D Resident Council Meeting 4:00 D Health Talk With Fox Rehab			

Calendar of Events

Outings This Month:

9/7 – Lunch Outing to Cracker Barrel @11am (subject to change)

9/10 – Milkshake Ride @1:30pm

9/14 – Lunch Outing to Anna's @11am (subject to change)

9/17 – Scenic Ride @1:30pm

9/21 – Studley Seniors' Luncheon @10:30am

9/24 – Mystery Ride @1:30pm (subject to change)

9/28 – Lunch Outing to Gus' Italian Cafe @11am (subject to change)

September Birthdays:

- J. Rowe (9/4), J. Owen (9/5), B. Williams (9/6), E. Tice (9/14), M. Lewis (9/28), B. Lipscombe (9/29)

New Residents:

- M. Milstead, J. Milstead, J. Worsham, A. Gardner, D. Hansen, C. Pitts

Illustratus
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